Assistive Technology Ideas for Adult Life

STRATEGIES & MODIFICATIONS

- Provide social opportunities
- Visit community centers
- Use of self care devices
- Use of AAC devices or systems
- Create peer support
- Friends as support services
- Recreation mentor
- Provide access to internet
- Group home placement
- Companion
- Vocational education training
- Teach to recognize symptoms, health needs
- Job shadowing
- Job coaching to obtain volunteer position
- Job coaching to obtain paid employment
- SAT/GED testing in an alternative format
- Icon-based instructions, maps
- Shopping list template
- Visual budget
- Training to travel independently
- Multi-agency collaboration, planning

LIGHT-TECH

- Picture recipe cards
- Picture cards for transportation
- Picture schedule
- Timer
- Alarm clock
- Simplified budget system
- Calculator, regular or talking
- Communication wallet
- Emergency info system
- Picture/large button phone
- Memory dial
- Talking watch, clock

HIGHER-TECH

- Calculator that writes checks
- Portable word processor
- Personal digital assistant (PDA)
- Reminder system
- Accessible phone/communication system
- Emergency alert system

COMPUTER/SOFTWARE

- Talking word processor
- Accessible internet access
- Text reader
- Planning/organization software